# Extraordinary care, just for kids!

## Child Life & Creative Therapies



Child Life & Creative Therapies help children and families cope with the stress and uncertainty of illness, injury and treatment. Children's Hospital uses a team approach and creates a healing, patient and family-centered environment that allows kids to be kids. We educate and advocate and above all else, we never forget to play!

## Donation and service project opportunities

Coping tools, developmental and distraction items—These items help distract kids that are going through difficult procedures and tests.

Stress balls, light up wands, fidget toys, bubbles, squishy balls, weighted blankets, Play-doh, etc.

**Clothing**—Clothing items are given to our patients and families as needed. All sizes of t-shirts, shorts, sweat pants, leggings, socks, pajamas, and underwear are appreciated. Underwear is the biggest need for both kids and moms.

**Behavioral health clothing items**—Our behavioral health patients require a safe clothing option while they work on learning coping skills to help heal and strengthen their mind. Clothing items for both boys and girls such as t-shirts, elastic

waist sweatpants/shorts, sweatshirts (no hood), underwear, and Crocs are welcome. (adult sizes small–2XL)

Rehabilitation support—Athletic shoes that have laces (all sizes toddler to teens). Kids that come to us for inpatient rehabilitation may use braces on their legs to help support them while they get stronger and often their shoes don't fit during this process. Having shoes available is helpful for their therapy.

**Toiletry kits**—Sometimes families come to the hospital in an emergency and don't have what they need to care for themselves. Travel size soap, shampoo, toothpaste/toothbrush, deodorant, etc. is always appreciated.



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## **Donation and service project opportunities** continued

Books and resources—We utilize many supportive and therapeutic books for our patients and families and appreciate these donations, so we can give them their own copy. Some of our favorites are: The Next Place, Water Bugs and Dragonflies, My Grieving Journey Book, It's Ok to be Different, A Terrible Thing Happened, The Invisible String, Angel Catcher for Kids, Gently Willow, & Giraffes Can't Dance.

Gift cards-We utilize gift cards to help our families get through difficult times. The greatest need is for Walmart and Shell gas cards as they are closest to the hospital. Increments of \$10-\$25 preferred.

Car seat safety program—Children's Hospital is an Injury Prevention Fitting Station for child car seats. When children come to our hospital in an emergency they may not have a safe way to be transported home. New car seats are always needed for infants, toddlers and preschoolers. When Children's Hospital provides a family with a car seat they also receive installation training and education on how to ride safe from a certified instructor.

Infant support—What a great way to help families get started on their journey with a newborn. We have many babies that start their lives with a medical challenge. We are always in need of Pack n' Plays, rattles, black and white mirrors, and appropriate developmental stimulation toys.

Art and craft supplies—We love to provide creative opportunities for our patients, siblings and families. We are always in need of scrapbooking paper, adhesive foam stickers, glue sticks, glitter glue, Crayola markers, crayons, and colored pencils, play packs, and card stock colored paper.

## **Program sponsor opportunities**

#### **Play and Education Programs**

### **Prescription Joy**

Cost: \$500/month

Health Care Clowning uses humor and human connection to aid in healing patients, families, and even staff members.

### **Funny Bones**

Cost: \$2,500/year Comedy Improv

#### Zoomobile

Cost: \$2,500/year

Mobile education program that brings the Zoo and the wonders of the natural world to the hospital

#### **Upright Piano**

Cost: \$10,000 est.

Children's Hospital has a variety of programs, including two dedicated Music Therapists, that regularly bring music experiences to our patients, helping them tap into the natural healing benefits of music

#### **Care and Comfort**

## No More Chemo Program

Cost: \$1,000

Provides t-shirts and cake for end of treatment parties

### **Pacifier Activated Lullaby**

Cost: \$4.000

Encourages sucking in premature newborns

#### **Comfort Bags**

Cost: \$25 each

Many parents and families are given specially made backpacks to help with their healthcare journey. They may include a journal, chapstick, aroma therapy items and other coping supplies.

#### **Sensory Care Kits**

Cost: \$350 each

A resource that gives staff and parents a quick way to help autistic patients calm anxiety during a visit. Specially created kits contain helpful tools for children with sensory needs such as special toys, weighted blankets and tactile items which are specifically selected so that they can be sterilized and used again.

#### Mamaroo

Cost: \$400 each Infant seat that replicates natural motions of parents

#### **Nurture Smart**

Cost: \$150 each Infant mobiles

#### **Crib Toys and Sound Machines**

Cost: \$50 each avg.

For comfort and infant development

support