

Food access resource guide

A guide to food and meal resources available to support patients and families during your stay at Manning Family Children's



Dining options

Cafeteria

Open 24/7, 365 days a year

Serving line hours

Breakfast

6:30–9:30 am

Lunch

11 am–2 pm

Dinner

5–8 pm

Grill hours

Breakfast

6:30–9:30 am

Lunch–dinner

11 am–10 pm

Hales Cottage

Monday–Friday

6:30 am–2 pm

(Closed on observed holidays)

Shake Smart

Monday–Friday

6:30 am–2 pm

(Closed on observed holidays)

Food trucks

On campus most weekdays

Schedule varies

Need food assistance?

Visit the Family Resource Center.

Open daily, 7 am–3:30 pm (staffed)
3:30–9 pm via Nursing Supervisor

Meal ticket

- Available to families screened positive for food insecurity after admission – 1 ticket per day, pick up at the Family Resource Center
- Available after hours through your Nursing Supervisor/Admission Nurse

Discounted guest trays

- \$5 option available to all families
- mymeal.healthcare-compass.com/sign-in

After-hours food access

- Select units keep a small stock of sandwiches available overnight, ask your nurse for availability
- Cafeteria has prepackaged meals and snacks available for purchase 24/7.
- Vending machines are available to purchase snacks on the 1st floor elevator bank

Food pantry

- Food/formula support vouchers at time of discharge
- Social work and RN navigators distribute

Family Market Ride

- Free for families of admitted patients
- Runs to Walmart every Tuesday at 12:45 pm
- Gather at Family Resource Center, first come, first serve



Scan for
MyMeal
app



Scan for
MyMeal
tip sheet



Questions about food access during your stay?

Ask any member of your care team or visit the Family Resource Center.



**Manning Family
Children's**
LCMC Health