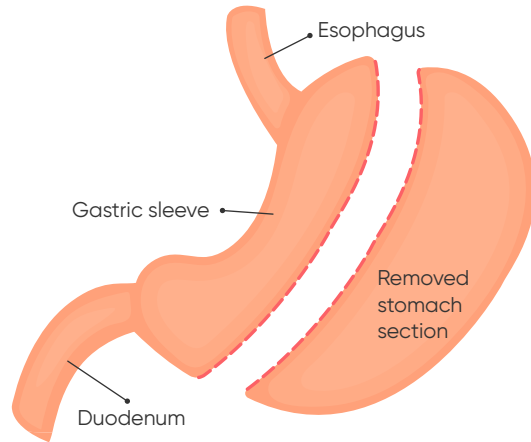
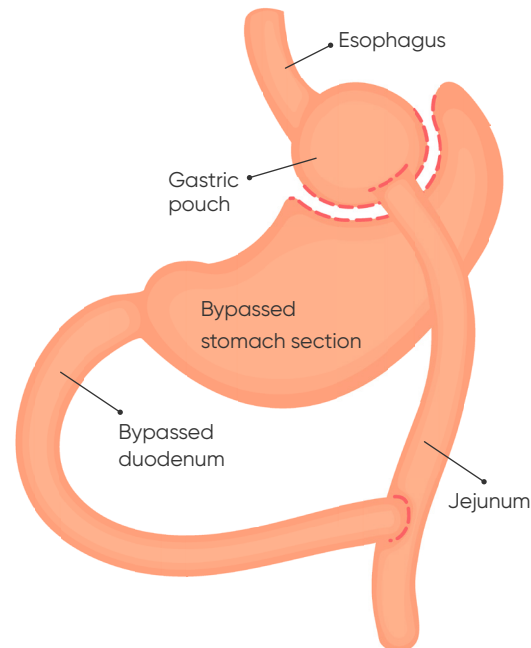


Surgical options

Vertical Sleeve Gastrectomy



Roux-en-Y Gastric Bypass



A personalized path toward better health

Choosing bariatric surgery, also known as weight loss surgery, is an important decision for your child and your family. At the Manning Family Children's Tulane Weight Loss Center, our pediatric-focused team provides comprehensive care and guidance to help adolescents understand their treatment options and prepare for long-term success.

From nutrition and medical evaluation to surgery and ongoing follow-up, we are here to support your family every step of the way.

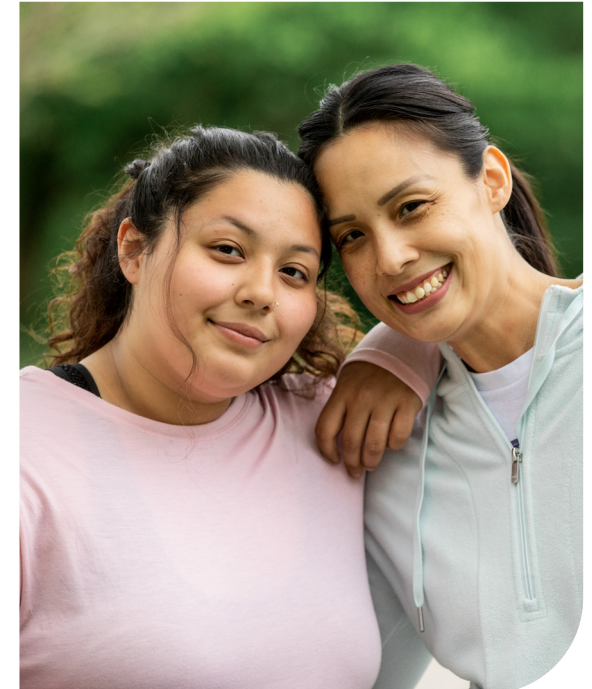


Manning Family Children's Tulane Weight Loss Center

3040 33rd St.
Metairie, LA 70001
P: 504.896.3099
F: 504.831.8969

manningchildrens.org/weightloss

Manning Family Children's Tulane Bariatric Surgery



A comprehensive approach to bariatric care

Bariatric surgery is more than a procedure, it is a long-term commitment to your child's health and well-being. Our team partners with patients and families throughout the journey, from the initial evaluation and preparation for surgery through recovery and long-term follow-up.

Our program includes:

- Bariatric surgery with options including vertical sleeve gastrectomy and Roux-en-Y gastric bypass
- Medical weight management and obesity medicine
- Nutrition education and individualized dietitian support
- Psychological evaluation and support
- Pre-surgery medical clearances and preparation
- Insurance verification and clearance coordination
- Post-surgery nutrition and lifestyle guidance
- Ongoing follow-up and bariatric support groups



Our goal is to give every patient and family the knowledge, tools and support needed to make lasting, healthy changes.

Your journey to surgery

Every patient's journey is unique, but our team will guide you through each step.

- ✓ **Evaluation**
Your journey begins with a comprehensive evaluation to understand your child's health, weight history, goals and individual needs.
- ✓ **Preparation**
Before surgery, patients complete the medical, nutrition and psychological evaluations and clearances that are part of their personalized pre-surgery plan.
- ✓ **Healthy lifestyle changes**
Patients begin developing the nutrition, activity and lifestyle habits that will support success before and after surgery. Our dietitians provide education and guidance along the way.
- ✓ **Insurance approval**
Once the required checklist is complete, our team submits the necessary documentation to insurance and helps coordinate the approval process.
- ✓ **Surgery**
Your surgeon will work with you and your family to determine which procedure is most appropriate based on factors such as medical conditions, surgical history and BMI.
- ✓ **Lifelong support**
Surgery is a tool for weight loss, not an easy fix. Long-term success depends on healthy eating, physical activity, follow-up care and ongoing support from your bariatric team.

Meet the providers



Shauna Levy, MD, MS
Bariatric Surgeon



Mary Rossi, MD
Obesity Medicine Specialist

Weight loss expectations

Bariatric surgery offers the most effective approach to significant weight loss. It can help teens achieve long lasting weight loss while improving obesity-related health conditions and supporting a healthier future.

Results vary from patient to patient. Weight loss is typically greatest during the first year after surgery and gradually slows over time.

More than weight loss

Bariatric surgery may also improve or help resolve health conditions associated with obesity, including:

- Type 2 diabetes
- Prediabetes
- High blood pressure
- High cholesterol
- Sleep apnea and other obesity-related conditions

Surgery is a tool, not an easy fix.

Long-term success depends on healthy eating, physical activity, follow-up care and continued support from the bariatric team.